

**DR. AMBEDKAR UNIVERSITY OF SOCIAL SCIENCES,
DR. AMBEDKAR NAGAR (MHOW),
SCHOOL OF EDUCATION**



Department of Skill Development
SYLLABUS OF CERTIFICATE COURSE
IN
GERIATRIC CARE (CGC)

Programme learning Outcomes:

Geriatric care provides an opportunity to explore the area of Gerontology, a field of nursing that focuses on the care of older adults. The course presents the unique health care needs of the older adult and introduces students to nursing approaches to managing those needs. The Certificate in geriatric care distinguishes you as a knowledgeable, skilled, and committed professional in the field of gerontology.

Specific Learning Outcome:

- Identify the unique health needs of older adults;
- Identify strategies related to assessment and prevention in the older adult;
- Explore the importance of families and other social supports;
- Identify nursing interventions related to a variety of health problems in the older adult;

Online (डॉ. राजाराम खन्ना) Online (डॉ. पवन पांचाल) Online (डॉ. निराला वैद्य)

Online

Eligibility: - All those people who have interest in gardening

Durations- 3 Months

Credits- 20 Credits, theory and practical / file work

Fees: According to university Rules

Total seats- 30 (as required)

At the end of this course students are aware and have an understanding of following:

Sr. No	Title	Theory/ Practical	Marks (Total)	Distribution of Marks		Classes		Credits
				Theory	Practical	Theory	Practical	
I	Basic Geriatric Care	Theory/ Practical	100	40%	60%	2	2	Practical Credits- 6
II	Psychiatric problems of older persons	Theory/ Practical	100	40%	60%	2	2	Theory-6 Credits Project-8 Credits
III	Management of common diseases of older persons	Theory/ Practical	100	40%	60%	2	2	
IV	Nutrition for older persons	Theory/ Practical	100	40%	60%	2	2	
V	Counselling related to older persons	Theory/ Practical	100	40%	60%	2	2	
VI	Risk and Prevention	Theory/ Practical	100	40%	60%	2	2	
VII	Internship/file Work						100	
	Total		600					20

Note: The above programme structure can be modified as per requirement from time to time in Accordance with University Ordinance

Exam Pattern: - Total Number of Marks for the Course - 600 Marks

Total Marks		600
Theory		40%
Practical		60%
Internal	External	
60	40	

- After the completion of course exam (theory + Practical) will be held accordingly to the university and certificate will be provided by the university.

Online (डॉ. शताराम स्वामी) Online (डॉ. पवन पांचात) Online (डॉ. निमिता वैद्य)

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PAPER I: Basic Geriatric Care

Biological changes:

1. Ageing theories,
2. Ageing process,
3. Psychosocial aspects of ageing,
4. Applied Anatomy & Physiology,
5. Age related changes,

Psychosocial changes:

1. Psychological changes in ageing,
2. Human behavior & needs in crisis,
3. Personality changes,
4. Social changes,
5. Changes in family and living arrangement,
6. Depression,
7. Coping with psychosocial changes of aging,
8. Stress & coping in crisis situations

PAPER II: Psychiatric problems of older persons

1. Depression
2. Sleeping disorders
3. Self-neglect
4. Alcoholism
5. Drug & substance abuse
6. Cognitive impairment & Dementia
7. Other disorders

Online (डॉ. राजाराम खन्ना) Online (डॉ. पवन पांचोल) Online (डॉ. निर्मला वैद्य)

Online

एगी लेकि
नता दो
नही

PAPER III:

1. Management of common diseases of older persons

1. Fever,
2. Anaemia,
3. Syncope,
4. Vertigo,
5. Anorexia,
6. Loss of memory,
7. Respiratory disease,
8. Heart disease,
9. Kidney disease,
10. Stroke,
11. Metabolic disorders,
12. Musculoskeletal disorder,
13. CNS related health Problem,
14. Digestive problem,
15. Vision,
16. Hearing,
17. Sleep disturbances,
18. Per menopausal problem,
19. Genitourinary problem,
20. Cancer

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Online
(डॉ. राजाराम खन्ना)

Online
(डॉ. पवन बाजाल)

Online
(डॉ. निराला वैद्य)

Online

PAPER IV:**Nutrition for older persons:**

1. Need of dietary alteration,
2. Energy needs of old,
3. Formulation of diet for elderly,
4. Diet related degenerative changes,
5. Physical activity

PAPER V:**Counselling related to older persons:**

1. Counseling the older person: Definition, principles, dimensions,
2. process & techniques of counseling
 - A. Counseling the older person
 - B. Common problems requiring counseling
 - C. Special considerations in counseling the older persons:
3. retirement, relocation,
4. widowhood & bereavement,
5. climacteric, relationships,
6. drug & substance use,
7. death & dying,
8. ambulatory treatment for mental diseases

Now (डॉ. राधा राम खन्ना) (डॉ. पवन पांचोल) (डॉ. निर्मला देव)

Online

PAPER VI

Risk and Prevention

1. Health risk in old age:

- A. Smoking, alcohol,
- B. Social issues,
- C. Abuse/neglect,
- D. dependency,
- E. Physical inactivity,
- F. Accident, Deafness,
- G. Low vision

2. Health promotion:

- 1. Exercise,
- 2. Screening,
- 3. Prevention of substance use-alcohol,
- 4. drugs etc,

Practical:

Visit /file work/ internship/Project/ Old age Homes, NCD Clinic, NGO for elderly,

Online (डॉ. सुवन पांचोल) Online (डॉ. राजाराम खन्ना) Online (डॉ. निर्मला वैद्य)

दिनांक